## MERIDAN MARLINS VOLLEYBALL DEVELOPING EXCELLENCE PROGRAM

11 June 2018



### RE: VOLLEYBALL DEVELOPING EXCELLENCE PROGRAM

Dear Parent/Carer,

Your child has nominated or been identified to be part of the Meridan State College VOLLEYBALL DEVELOPING **EXCELLENCE PROGRAM** for 2018.

This is a specialist program that consists of players from across the College.

As a squad, the players undertake training to develop skills and tactics, as well as develop a College-wide approach to volleyball. The Marlins' Developing Excellence Squad train weekly and enter into extra-curricular competitions.

The main competition for our 2018 program is the Senior Volleyball Schools Cup.

There are two age groups for the competition; Year 11 and Year 12 with multiple divisions within each age group.

Parents, carers and extended families are most welcome to attend and support our College teams.

**EVENT:** Senior Volleyball Schools Cup

**ACTIVITY COORDINATOR:** Mr Brent Schilf - bschi36@eq.edu.au

**PARTICIPANTS:** Selected Secondary Students

DATE: Friday 10 August 2018 - Sunday 12 August 2018

LOCATION: Gold Coast (Exact venues released closer to tournament)

TIME: Depart Friday 10 August 2018 approx. 6:00am

Return Sunday 12 August 2018 approx. 5:00pm

PAID TO COLLEGE: COST:

Approx. \$230 (Team Nomination, Accommodation and Transport). Cost will be confirmed once numbers are finalised for accommodation and transport

purposes.

\$50 Deposit due: Monday 25 June 2018

Please note: the Cashier Office is open Monday to Friday from 8:00am until

12:00pm

TRANSPORT: School provided transport from Sunshine Coast to Gold Coast and back

TRAINING: Volleyball Developing Excellence Squad Training will be Tuesday morning

from 7:30am - 8:30am

**UNIFORM REQUIREMENTS:** College Volleyball jersey's will be supplied, with PE shorts or plain black

shorts required

**REQUIRED EQUIPMENT:** Personal water bottles, hat and sunscreen. **PROHIBITED ITEMS:** Nothing in addition to normal College policy.

With acceptance into the Volleyball Developing Excellence Program, **EXTRA INFORMATION:** 

students will also have the opportunity to join M.A.D. (Meridan Athletic Development) training each Monday, Wednesday and Friday mornings. These sessions are totally optional but HIGHLY ENCOURAGED. They deliver highquality age-appropriate fitness training that can be beneficial across all sports. Each training day has a different focus, so students can target their own needs - they may choose to attend all three sessions or just one.

- Monday strength and conditioning
- Wednesday speed and agility
- Friday endurance and stamina

These training sessions will commence at 7:45am sharp and students can use our showers, change facilities, lockers and kitchen to ensure they are appropriately dressed and fed ready for their school day.

Parents and players please read the Marlin Creed on the following page, which outlines our expectations as a Meridan Marlin athlete.

Please follow the directions on the last page of this note to return the permission form and make payment.

Yours faithfully,

Brent Schilf

Director of Volleyball bschi36@eq.edu.au

Ross Stewart
Head of Health and PE & Sport

rstew101@eq.edu.au

Fiona Free

Principal Secondary

# **POLICIES & COLLEGE GUIDELINES FOR EXCURSIONS OR EVENTS**

Please be aware that by returning the permission form for this activity you are acknowledging that you understand and agree to the following:

## **PARTICIPATION AND SRS FEES**

Any student who has not paid their Student Resource Scheme fees (including subject fees where applicable) or who does not have a current payment plan in place will not be able to participate in this event. Payment for excursions will not be accepted after the specified due date.

## **REFUND POLICY**

Please note some activity payments are non-refundable due to the nature of pre-payment of the event. If a parent/carer wishes to apply for a refund due to non-participation, please complete a 'Request for Refund' Form from Client Services.

## MEDICAL AND EMERGENCY DETAILS

Any relevant changes to medical details or emergency contacts that are currently kept on record by the College should be updated immediately. This includes information on any recent medical conditions that may limit, or be aggravated by your student's participation in this activity. It includes details on any medication currently being taken that might be relevant in a medical emergency. Changes to phone or email addresses should also be updated.

# INJURY AND INSURANCE

Please be aware that when involved in activities there is an inherent risk of physical injuries occurring without any negligence on the part of the school and in such circumstances the responsibility for the injury and any associated costs will rest with you and not the school. Parents are advised that the Department of Education and Training (DET) does not have Personal Accident Insurance cover for students. DET has public liability cover for all approved school activities and provides compensation for students injured at school only when the Department is negligent. If this is not the case, then all costs associated with the injury are the responsibility of the parent or carer. It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.

Players and parents please read the section below and understand the commitment and expectation you undertake when entering into one of our College Developing Excellence Sporting Programs.



#### The Marlin's Creed

## 1. CONDUCT YOURSELF WITH HONOUR

The result is never as important as how you conduct yourself as a player - it shows who you are as a person

- ✓ Be **respectful** to yourself, your team mates, officials and your opponents
- ✓ Be responsible you are representing your family and your College
- ✓ Be dependable attend practice and games, be on time and ready to perform
- ✓ Be courteous say "thank you" to parents, staff, officials, community members and players without
  whom you cannot play
- ✓ Be **tolerate** of differences, **considerate** of feelings and give everyone a chance
- ✓ Be accepting players and officials make mistakes: move on
- ✓ Display sportsmanship and fair play
- Control your emotions towards other players and officials
- ✓ Be humble in victory and gracious in defeat

#### 2. PLAY TO WIN

Play to win; understand you can't win all the time; learn from your defeats

- ✓ **Practice** to get better at all aspects of your life, not just sport
- ✓ Accept failure don't blame officials or team mates
- ✓ Be coachable be receptive to feedback and undertake actions to improve

### 3. NEVER GIVE UP

# Try your best always and in all ways

- ✓ No matter the score, no matter the result
- ✓ Playing time is not a right, it is earned through the hard work shown in games and through training; treasure every second you get

Our College Developing Excellence Programs are one place where we like to develop a culture of excellence and striving for success. These programs are targeted at those that have the drive, attitude and commitment to undertake sport at a higher level. At this level, as well as enjoyment, students are also working on characteristics such as resilience and determination - training may not always be fun but requires dedication to reach your potential. As a member of a Marlin's Excellence Squad, coaches expect better of all players and players should expect better of themselves - holding their own standards higher as a result of being part of these teams. We understand that some players, even good ones, may be unable or unwilling to make this commitment and therefore this may not be the right Program for them to be involved in. Please consider this before making the commitment to join our Developing Excellence Programs.

Involvement also entails the follow expectations:

- Training sessions are compulsory. You must inform your coach in a timely manner if unable to attend due to something unavoidable. Failure to attend training without adequate notice or reason may result in less playing time or removal from the team all together.
- Do not schedule appointments during training times if possible think of training as an extension to class time.
- Assignments and homework are important please ensure you manage your learning so that both training and school commitments can be achieved. I.e. don't leave an assignment to the last moment and then need to skip training to finish it be organised and prepared.
- Training is not just about fitness it involves learning strategies and tactics, unless you a physically too sick to attend, then you should still be there to watch and learn. Injured players need to know exactly what to do and what is expected from their play when they return and should attend training whilst they are recovering.

**ACTIVITY: SENIOR VOLLEYBALL SCHOOLS CUP** 

ACTIVITY COORDINATOR: Brent Schilf DATE: 10 August 2018 - 12 August 2018 COST: Approx. \$230 (Invoice to follow)

\$50 Deposit Required



PERMISSION PRINT AND RETURN T	HIS PAGE TO: Mr Sc	hilf in the Sports Centre Staffroom by Monday 25 June 2018
PARTICIPANT'S NAME	:	ROLL CLASS:
<ul> <li>I understand that attached to this i</li> </ul>	in addition to norm	orm I acknowledge that as a Meridan Sporting team member: nal school rules that I must abide by the Sport Code of Conduct that was ese expectations may result in my removal from this activity.
Student signature:		
<ul> <li>I give permission</li> <li>I have ensured the or that any neces</li> <li>I authorise the te</li> <li>If participating in</li> <li>I understand that</li> </ul>	for the student above College has current sary alterations will acher to seek appropethe Student Resource students must abide	orm I acknowledge that: The to participate in the activity outlined on this form. The tand accurate medical details and emergency contact details for my child, be made prior to the event date. The priate medical assistance where deemed necessary. The Scheme (SRS), I have paid the SRS in full, or entered a payment plan. The by the College Responsible Behaviour Plan expectations. The payment does not have Personal Accident Insurance Cover for
Parent/Carer Signatur	e:	Contact Number:
Parent/Carer Name:		(please print name)
Date:	_	
PAYMENT PAYMENT MUST BE RE PAYMENT AMOUNT:	50 Deposit	SHIER'S OFFICE BY: Monday 25 June 2018  PAYMENT METHODS  e directly to the Cashier's Office which is located in Client Services and is open Monday to
Amount Paid:	Friday from 8:00 am ui	ntil 11:30 am
\$ (please check payment	COLLEGE DIRECT DEPOSIT DETAILS:	BSB 064420 Account no: 10567850 Reference: Debtor ID & Invoice no/Description of payment e.g.: Debtor ID/StudentName_Yr8Camp
method)  □ Cash	BPOINT:	
☐ Cheque	https://www.bpoint.c	om.au/payments/dete (Department Of Education And Training)
□ EFTPOS		N (Customer Reference Number) and Invoice Number from your invoice or statement.
☐ Direct Deposit	QParents	
☐ BPOINT ☐ QParents	https://gparents.qld.e	nd make full or partial payments through the QParents website or download the App on your